TRAVEL INFORMATION FOR OAKWOOD GRANGE

This document can also be downloaded at www.hydrock.com/yourtravelplan/
INTRODUCTION

This Smarter Travel Information Pack contains useful information about your travel options in and around Hook. Travelling sustainably has plenty of benefits including:

- Improving your health and wellbeing
- Reducing your travel costs
- Improving your accessibility to local services
- Increasing your road safety
- Reducing your travel times
- Improving your travel choices
- Creating a cleaner, more vibrant local community
INTRODUCTION - ABOUT THIS

David Wilson Homes is committed to promoting sustainable travel for the residents of Oakwood Grange.

Congratulations on your choice of new home in Hook and welcome to Oakwood Grange.

Each household has been presented with one of these Travel Information Packs which has been created specifically for Oakwood Grange.

What options are available to you?

Walking - Highly sustainable, healthy, carbon-neutral and free
Cycling - Highly sustainable, healthy and a great way to beat the traffic
Public Transport - Let someone else do the driving for you
Driving - We recognise that sometimes you need to drive. Why not share your journey with a colleague, friend or family member? Remember to anticipate hazards – gentler use of controls contributes to fewer harmful emissions

Your Travel Plan Co-ordinator (TPC) for Oakwood Grange is:

Tim Woodhead
Email: TravelPlanCoordinator@hydrock.com

The success of this travel plan will rely on input from the residents of Oakwood Grange! You will quickly know about travel in your local area, what transport works, and what could be improved to help you travel more sustainably.

A facebook group for Oakwood Grange provides travel information, updates and a forum for residents discussion and questions.

The TPC will also run drop in sessions, and organise a residents meeting to discuss travel issues and form a Travel Plan Group.

TRAVEL INFORMATION PACK

Pack Contents

This Pack contains travel information which has been compiled to allow you to assess your ‘smarter travel choices’, including:

- Maps of walking and cycle routes
- Lifestyle advice on healthy walking, cycling and ‘linked-trips’ as alternatives to car use to improve health & fitness, and reduce stress
- Walking/cycling advice & equipment
- Information about public transport: bus, rail and coach links
- Details of car-sharing and taxi services
BENEFITS OF SMARTER TRAVEL

Environmental Benefits

Climate change, due to rising greenhouse gas emissions, threatens the stability of the world’s climate, its economy and the population. Globally, transport accounts for 20% of Carbon Dioxide (CO₂) emissions (IEA). In the UK this figure is 33% and more than half of this is produced by cars (DBEIS). Whilst many new cars are much ‘cleaner’ and ‘greener’ if traffic continues to increase, our overall air quality will deteriorate.

We can help to minimise the impact on the environment through greater use of public transport, fully exploring car-sharing opportunities, and increasing journeys undertaken by walking and cycling. This also gives great potential to reduce your personal travel costs and gain lifestyle benefits.

Lifestyle and Health Benefits of ‘Smarter’ Travel

- Health benefits provided by increased walking and cycling
- Reduced travel costs in using services and facilities within the reach of sustainable modes of transport
- Money saving by adopting modes such as walking and cycling to access employment and leisure opportunities
- Reduced stress through aerobic exercise
- Reduced travelling times by utilising an efficient public transport service
- Cost and time savings associated with not having to run multiple family vehicles
- Reduced pressure and frustration from sitting in traffic jams
- Reducing your ‘carbon footprint’ and tailpipe emissions thereby improving air quality
WALKING

Walking is a great way to improve your health and fitness. It has been shown to reduce stress, increase productivity and energy levels and improve sleep. Walking is free, reliable and a simple way to introduce daily exercise into your life – no matter your age or fitness!

Hook has a range of services, facilities and amenities in the village, as shown on the adjacent map.

Footways throughout Oakwood Grange and Hook provide access to bus stops, shops and leisure areas. There are also some fabulous leisure walks in the local area.

‘Exploring Hook’ is a collection of walks around Hook’s countryside. Information and GPS routes are published on the Hook Parish Council website: [www.hook.gov.uk/walks](http://www.hook.gov.uk/walks)

<table>
<thead>
<tr>
<th>Map Ref</th>
<th>Amenity</th>
<th>Distance (m)</th>
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<tbody>
<tr>
<td>1</td>
<td>Hook House Farm Bus Stop</td>
<td>250</td>
</tr>
<tr>
<td>2</td>
<td>The Park Health Club</td>
<td>400</td>
</tr>
<tr>
<td>3</td>
<td>Hook Community Centre</td>
<td>500</td>
</tr>
<tr>
<td>4</td>
<td>Crooked Billet Pub</td>
<td>750</td>
</tr>
<tr>
<td>5</td>
<td>Hook Dental Surgery</td>
<td>800</td>
</tr>
<tr>
<td>6</td>
<td>Hook Junior School</td>
<td>800</td>
</tr>
<tr>
<td>7</td>
<td>Hook Infant School</td>
<td>800</td>
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<tr>
<td>8</td>
<td>Hook GP Surgery</td>
<td>800</td>
</tr>
<tr>
<td>9</td>
<td>Post Office and Takeaways</td>
<td>900</td>
</tr>
<tr>
<td>10</td>
<td>Old White Hart Bus Stop</td>
<td>900</td>
</tr>
<tr>
<td>11</td>
<td>Hook Train Station</td>
<td>1100</td>
</tr>
<tr>
<td>12</td>
<td>Tesco Supermarket</td>
<td>1400</td>
</tr>
</tbody>
</table>

Useful Apps

- Strava (Android and iOS)
- MapMyWalk (Android and iOS)
- Pedometer (Android and iOS)
- iFootpath (Android and iOS)

A simple pedometer/fitness tracker can count how many steps you walk each day. In addition to this, many smartphones have apps which can not only count your steps but calculate your distance walked, calories burned and walking time.
CYCLING

Two wheels can be better than four! Cycling is a quick, cheap and fun way to get from A to B.

It is one of the easiest ways to fit exercise into your daily routine and is an ideal way to explore your new neighbourhood and further afield. Cycling is a great way to get about and is also a great alternative to walking as it makes more places accessible. Cycling is around three times faster than walking. In some cases it’s quicker than driving too, and it’s much easier to park!

All of the services, facilities and amenities within Hook are located within a 10 minute cycle ride from Oakwood Grange.

Benefits of Cycling

- Improving wellbeing by relieving stress
- Helps prevent chronic and life threatening illnesses
- Maintaining a bike for a year costs twenty times less than maintaining and driving a car (Gracq)
- Reducing congestion and pollution on our roads

Cycle to Work Scheme

The cycle to work scheme allows you to claim up to £1,000 to spend on a bicycle and cycling accessories through your employer. By using the scheme you can save between 25-39% of the cost of a new bike and cycling equipment. Speak to your employer to see if they are signed up and if not, take a look at the cycle to work scheme website (www.cyclescheme.co.uk) to find out more.

Bikeability Training in Hampshire

Bikeability training is available to all school children in Hampshire during school years 5-9. For more information contact the Road safety team by phone 01962 832 203, by email road.safety@hants.gov.uk, or visit: www.hants.gov.uk/transport/roadsafety/cyclingtraining

Local Bike Shops

Does your bike need a service? Take it to one of your local bike shops!

Pedal Haven, Fleet (11 km)
311 Fleet Rd, Fleet GU51 3BU
Tel: 01252 628575
Opening Hours: Mon – Sat: 0900 – 1800 and Sun: 1000 – 1400
Website: www.pedalheaven.co.uk
Email: shop@pedalheaven.co.uk

Winklebury Cycles (15 km)
Unit 5 Winklebury Centre, Basingstoke, RG23 8BU
Tel: 01256 331444
Opening Hours: Mon – Sat: 0900 – 1800 and Sun: 1000 – 1400
Website: www.winklebury-cycles.co.uk
Email: winkleburycycles@btconnect.com

Pukker Bikes (14 km)
4 Sorting Lane, Basingstoke, RG24 9TD
Tel: 07811 830291

Cycle Events

Get involved in bike week, every year in June. Further information on events planned throughout the country is available on the bike week website (www.bikeweek.org.uk).

Useful Apps

Strava (Android and iOS)
Mapmyride (Android and iOS)
Cyclemeter (iOS only)
CycleStreets (Android and iOS)
PUBLIC TRANSPORT – BUS

Why not take advantage of the excellent links that your local bus services provide? After all, your nearest bus stops are a short walk from Oakwood Grange.

Bus numbers 2 and 408 operate by Stagecoach serve the stops and provide a service to Odiham (10 mins) and Farnborough (57 mins). On weekdays services run five times a day. Additionally, bus number 13 provides services twice an hour to Basingstoke (19 mins) and Haslemere (1hr 40mins). Tickets cost £2.85 for an adult single, and £4.30 adult return.

Buy bus tickets in advance using the Click2rideit smartphone app.

Why The Bus?

There are many advantages to using local bus services. It allows for many people to share trips they might otherwise make individually by car and by sharing the trips, we can reduce harmful emissions helping to maintain a cleaner, healthier environment.

The bus is a great option for travelling locally, for fun days out and to avoid the stresses of driving to your destination.

The local bus routes provide access to Hook rail station with subsequent connections to London, Basingstoke and further locations nationally.

Community Bus Services

Hartney Wintney Parish Council run a shopper service on Mondays, Wednesdays and Fridays. For more information visit: www.hartleywintney.org.uk/community-transport/the-service
Email: communitybus@hartleywintney.org.uk
Tel: 01252 849712

Where Are My Bus Stops?

The nearest bus stop is ‘Hook House Farm’ on the London Road (A30) 500m from your new home, served by bus routes 408 and 2. Old White Hart bus stop, in the village centre is located 1.1 km from Oakwood Grange and provides more regular services.

Live Bus Information?

The times of the next three buses are available from any stop in Hampshire by texting the stop code to 84268.
Before you start you will need to know the Stop Code reference of your bus stop.
There are three basic steps:
1. Create a text message containing the Stop Code
2. Send it to 84268
3. Receive a text message listing the next three bus departures from the stop in real time

<table>
<thead>
<tr>
<th>Stop Direction Stop Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hook House Farm Hartney Wintney hamgpdpa</td>
</tr>
<tr>
<td>Hook House Farm Basingstoke hamgpdjt</td>
</tr>
<tr>
<td>Old White Hart Haslemere hamgmwgj</td>
</tr>
<tr>
<td>Old White Hart Basingstoke hamgmwjt</td>
</tr>
</tbody>
</table>

Useful Information

www.traveline.info
Tel: 0871 2002233

www.stagecoach.com
Tel: 01793 428428

Useful Apps

Click2rideit (Android and iOS)
StageCoach (Android and iOS)
UK Bus Checker (Android and iOS)
Rail Station Location, Routes and Times

Hook Rail Station provides services every 30 minutes to London and Basingstoke. The approximate frequencies and journey times are set out in the table below.

<table>
<thead>
<tr>
<th>Destination</th>
<th>Frequency (Mon-Sat)</th>
<th>Frequency (Sunday)</th>
<th>Journey Time (mins)</th>
<th>First Train</th>
<th>Last Train</th>
</tr>
</thead>
<tbody>
<tr>
<td>London</td>
<td>2</td>
<td>1</td>
<td>63</td>
<td>06:12</td>
<td>23:44</td>
</tr>
<tr>
<td>Basingstoke</td>
<td>2</td>
<td>1</td>
<td>10</td>
<td>05:01</td>
<td>23:51</td>
</tr>
</tbody>
</table>

Rail Station Facilities

The station is well equipped with numerous facilities available including sheltered waiting areas, toilet facilities and a café. The station is also fully accessible for less mobile individuals.

Hook Rail Station has 24 covered cycle parking spaces at the station to accommodate cycles. These are provided in a number of locations around the Rail Station.

The PlusBike website [www.nationalrail.plusbike.co.uk](http://www.nationalrail.plusbike.co.uk) and app provides information about taking bikes on trains.

Airport Links

**Southampton Airport**: Change trains at Basingstoke - 50 minute journey

**Heathrow Airport**: Rail to Walton on Thames then bus - two hour journey

Useful Information

[www.nationalrail.co.uk](http://www.nationalrail.co.uk)
Tel: 03457 48 49 50

TrainTracker™ Text: Text station name to: 84950 (Cost 25p for each reply)

Useful Apps

National Rail (Android and iOS)
Thetrainline(Android and iOS)
PlusBike (Android and iOS)
**TAXI**

Taxis can form an important part of sustainable journeys.

Many taxis are hybrids or ‘green’ vehicles which help to reduce the impact of car journeys on the environment. Utilising taxis could save you money and help to reduce your carbon footprint!

There are a number of private hire taxi operators local to the area, through which taxis can be pre-booked. Use the Taxicode phone app to find a local taxi. A list of local taxi firms is also included to the rear of this Travel Information Pack.

Uber is available in Hook and the surrounding area. Use the Uber app to book your next ride!

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**CAR SHARING**

Car sharing is the most sustainable way to make journeys by car. By sharing your journey with just one other person you could reduce your travel costs by 50%.

You can take it in turns to drive or sign up as only a driver/passenger and share the fuel costs. This is a great way to save money. You can car share once a week or everyday – it’s up to you.

**Why Car Share?**

- Reduces the number of cars on the roads, resulting in less congestion, less pollution and fewer parking problems
- Provides a solution for travelling to and from areas not served by bus
- Opportunity to socialise
- Reduced fuel costs
- Useful for people with mobility difficulties (door to door travel)
- Time to relax without driving stress

Lifeshare ([Lifeshare.com/uk](http://Lifeshare.com/uk)) is free and links drivers and passengers to share their journeys.

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**Useful Apps**

- **Taxicode (Android and iOS)**
- **Uber (Android and iOS)**
- **Lifeshare (Android and iOS)**
DRIVING
Get more miles for your money!
Once you have considered all the other options available to you for your journey, you might realistically be left with just the one option – to drive. However, there are a number of ways through which you can both save money and fuel, which in turn helps to reduce CO2 emissions, creating a cleaner, healthier community.

- Service your car regularly to maintain engine efficiency
- Check your tyre pressures regularly (and before long journeys): underinflated tyres use more fuel as they increase rolling resistance
- Lose any unnecessary baggage-extra weight means extra fuel consumption
- Combine short trips
- Drive smoothly, accelerate gently and anticipate the road ahead to avoid unnecessary braking
- Cut down on using air con: air conditioning increases fuel consumption at low speeds (the effects are less noticeable at higher speeds)
- Stick to the speed limit: the faster you go the greater the fuel consumption (cruising at 70mph uses up to 9% more fuel than at 60mph and up to 15% more fuel than at 50mph) (Drivegain)

ELECTRIC VEHICLES
Electric Vehicles (EVs) are vehicles which use one or more electric motors for propulsion.
All plug-in vehicles provide improved fuel economy and either zero or reduced emissions. EVs also offer a number of potential financial savings compared to conventional vehicles. Currently, there is a government grant scheme for up to £3,500 of the cost of a new EV! See www.gov.uk/plug-in-car-van-grants for more information.

EVs can be charged in a variety of places including at home, at work or a designated EV charging point location, including at fuel stations or service stations. Zap-Map have created a map that enables EV drivers to locate and navigate to these charging points. The map identifies charge points from both the major networks and smaller providers across the UK.

Useful Apps
Zap-Map (Android and iOS)

SHOPPING
Shop & Drop or Click & Collect are both brilliant ways to save time, money and fuel.
With online shopping you can do your shopping from the comfort of your own home and have it delivered at a time to suit you. Or you can collect from the store when you’re out and about anyway, so no need for a specific shopping trip.

Useful Apps
ASDA (Android and iOS)
Sainsbury’s Groceries (Android and iOS)
Tesco Groceries (Android and iOS)
Ocado (Android and iOS)
Where do you want to go?

We’ve given you the tools to decide how to make your journey, now you can explore where you want to go.

There are many tools available to help you plan your journey, including:

**JOURNEY PLANNERS**

- My Journey Hampshire
  - **www.myjourneyhampshire.com**
- Stagecoach Bus
  - **www.stagecoach.co.uk**
    - 01793 428428
- Traveline South West
  - **www.travelinesw.info**
    - 0871 2002233
- National Rail Enquiries
  - **www.nationalrail.co.uk**
    - 08457 48 49 50

**AMENITIES/INFORMATION**

- Hook Village Halls
  - **www.hookvillagehalls.org.uk**
    - 01256 764000
- The Park Health Club
  - **www.theparkhealthclub.com**
    - 01256 769099
- Hook & Hartley Wintney Medical Partnership
  - **www.hartleywintneysurgery.nhs.uk**
    - 01793 721254
- Hook Parish Council
  - **www.hook.gov.uk**
    - 01256 768687
- Hook House Hotel
  - **www.hookhousehotel.co.uk**
    - 01793 721701
- Basingstoke and North Hampshire Hospital
  - **www.hampshirehospitals.nhs.uk**
    - 01256 473202

- Tesco Hook
  - **www.tesco.com**
    - 0345 677 9352
- Alexander Cars of Hook
  - **www.alexandercarsofhook.co.uk**
    - 01256 765151
- Station Cars Hook
  - **www.stationcarshook.co.uk**
    - 07720 530397
- Station Taxi Hook
  - **www.stationtaxihook.co.uk**
    - 01256 767676
- VGT Taxis Hook
  - **www.vgtravel.co.uk**
    - 01256 760760

**Walk4Life**
- **www.walk4life.info**

**Sustrans**
- **www.sustrans.org.uk**

**Cycle Streets**
- **www.cyclestreets.net**

**AA Route Planner**
- **www.theaa.com/route-planner**

**Google Maps**
- **www.google.co.uk/maps**